

NYGP Annual meeting 11.04.24 at 14-17 CET – Minutes

Present:

Siff Andreassen (DK), Kati Lempinen (FIN), Ingvild Vatten (NO), Annemette Torp (DK, digital), Sandra Ásgeirsdóttir (ICE), Linn Ekstrøm (SWE), Gisli (ICE), Katrina Tibballs (NO), Nazila Mansimli (SWE), Kevin Hakansson (SWE), Annika Kolster (FIN)

1. Presentation of the participants and countries
 - a. DK: Changes in specialist training – reduction in time in hospitals (6 months reduction). Residency time is similar to before, more time in GP practice.
 - b. ICE: GPs refusing to do low-value care: example: referral system for children – must go through GP. Change: want to examine and see the children first, not simply write the referral.
 - c. SWE: financial issues for health care services, temporary doctors
 - d. NO: out of hour services, financial systems, specialist candidates are well taken care of – recruitment good, retainment not so much
 - e. FIN: Wellbeing services county started 2023- it has been a stormy time after the Health Care reform. Negative budgets. Increasing discussion on continuity as a quality measure within GP networks, as team models have been implemented with access to care as the leading aim.
2. Wellbeing questionnaire
 - a. Still coming in responses open until 11.5 - preliminary results on 408 responses.
 - i. 80 % GP trainees, 20 % specialists
 - ii. 60 % public sector
 - iii. 27 % part time work (mostly because of family)
 - b. Generally good work life balance, Generally do not feel lonely
3. Planning of workshop Turku NCGP
 - a. Aim: presentation of the quantitative and qualitative results, highlighting differences between countries, gender differences, stratify by early specialization (0-2 years), late specialization (2+ years) and specialist.
 - i. Too much to do, too little time. TOOLS. Inspiration. How to think outside of the box. Peer support. What works?
 - ii. Positive angle; why should we stay in this speciality
 - iii. Pick up challenges; ability to plan the schedule/day, what is good enough, choosing wisely vs demands from the outside
4. NYGP Precongress Theme: Dare to be the change.
 - a. June 10-11 2024 in Turku, Finland, program and social program presented.
 - b. 87 registered (77 participants)
 - i. Iceland with the most participants
 - c. Clinical visits – 52 GPs registered
 - d. A short presentation from all nordic countries at the beginning of congress.